

samsi

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# Welcome to SAMSI

Guide to the Triangle



Guide to area  
restaurants



Places to go  
and events



Accommodations  
in the Triangle



# 1 Welcome to SAMSI

Welcome to SAMSI! We are very happy to have you here as our guest. We also welcome you to the Research Triangle region, home of the Research Triangle Park, one of the oldest and largest research parks in the world.

The Triangle region is home to three of the nation's top research universities – Duke University, North Carolina State University and the University of North Carolina at Chapel Hill, along with a host of many other smaller colleges and an extensive community college system.

The Triangle region has a highly educated population, with 47 percent of adults holding a college degree.

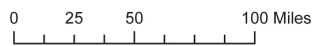
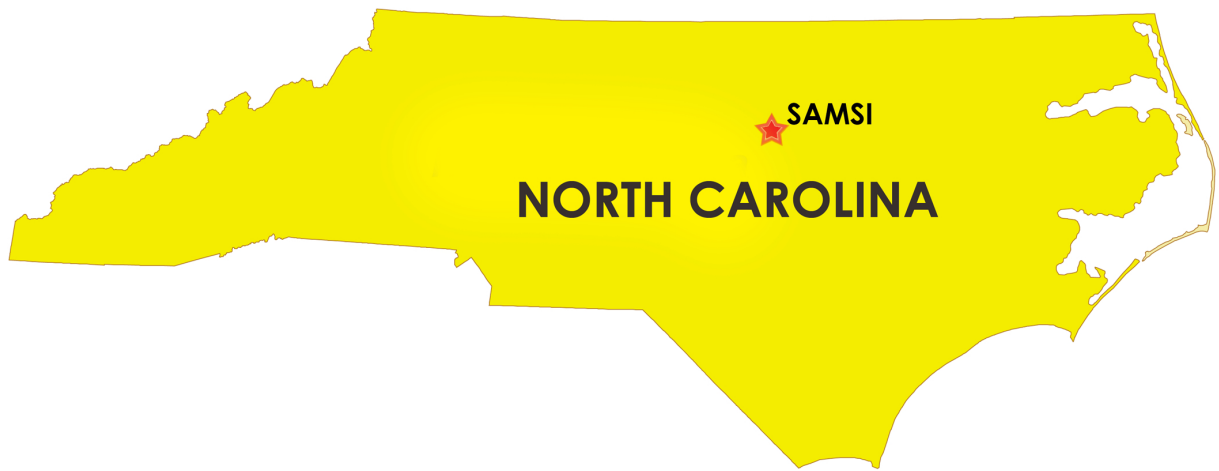
This is the fastest growing metro area in the US. The region is currently home to almost 2 million people and is expected to add another 1.5 million over the next 25 years.

We've put together some information to help you find things to do while you are visiting with us at SAMSI. We want your stay with us be as enjoyable as possible. If you ever need any help finding something, or want some ideas of things to do while you are here, feel free to ask any of the SAMSI staff members for assistance.

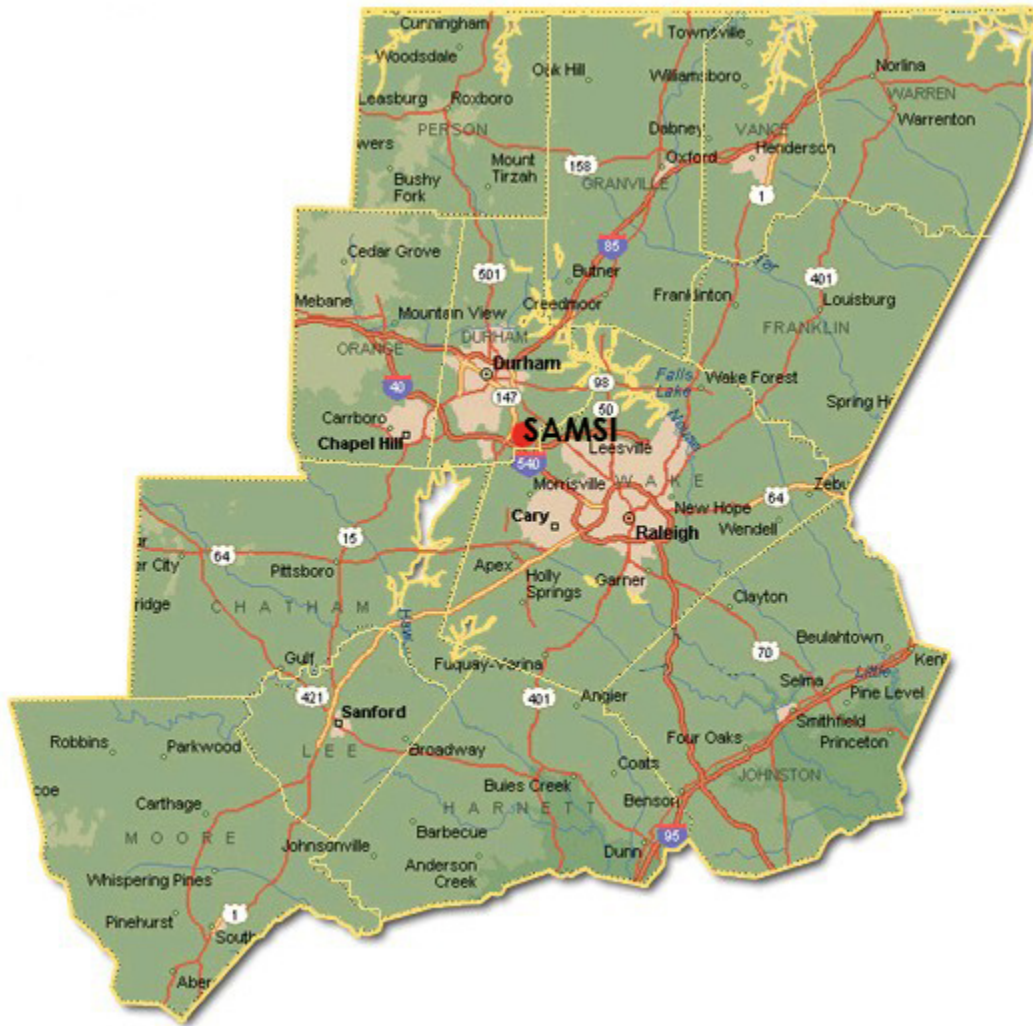
*Richard Smith*

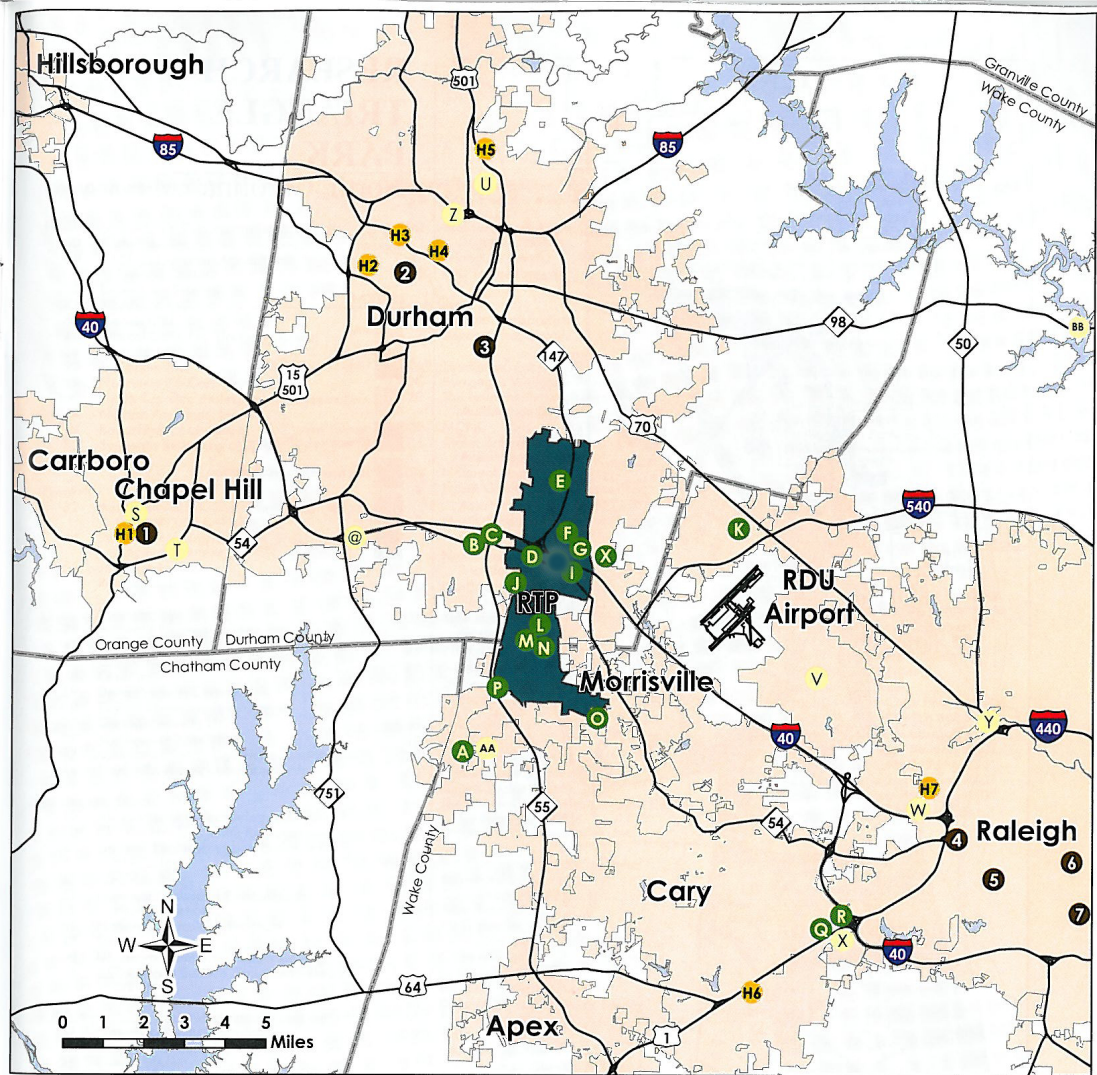
**Director, SAMSI**

# Map of North Carolina



# Map of the Triangle Region





- |                             |   |  |                                    |
|-----------------------------|---|--|------------------------------------|
| 1 UNC at Chapel Hill        | D Sigma Xi, The Scientific Research Society | N Sony Ericsson                                | Y Crabtree Valley Mall             |
| 2 Duke University           | E North Carolina Biotechnology Center       | O Diosynth Biotechnology, Inc.                 | Z Northgate Mall                   |
| 3 NC Central University     | F RTI International                         | P Alston Station                               | @ Streets at Southpoint Mall       |
| 4 Meredith College          | G Hamner Institute                          | Q Best Western Cary Inn & Extended Stay Suites | AA Amberly                         |
| 5 NC State University       | I Teer Associates                           | R Rey's  | BB Bedford at Falls Village        |
| 6 Peace College             | J Davis Park                                | S Ackland Art Museum                           | H1 UNC Memorial Hospital           |
| 7 Shaw University           | K Uno Chicago Grill                         | T NC Botanical Gardens                         | H2 Lenox Baker Children's Hospital |
| A Washington Square Amberly | L Eisai, Inc.                               | U NC Museum of Life and Science                | H3 US Veterans Medical Center      |
| B Candlewood Suites         | M Ericsson Mobil Platforms                  | V Umstead State Park                           | H4 Duke University Medical Center  |
| C Comfort Inn RTP           | X Wyndham Hotel                             | W NC Museum of Art                             | H5 Durham Regional Hospital Corp.  |
|                             |   |  | H6 Western Wake Medical Center     |
|                             |   |  | H7 Rex Healthcare                  |

# 2 Dining in the Triangle

1. There are several restaurant review blogs you can read to get a better idea of which restaurant may appeal to you. A couple you may want to read include [Tarheeleater.com](http://Tarheeleater.com) and [EatitNorthCarolina.com](http://EatitNorthCarolina.com).

## Durham's Famous Restaurants

### [Alivia's Durham Bistro](#)

900 W Main St  
(919)682-8978

### [Amélia Café](#)

905 W Main St, Brightleaf District,  
Downtown Durham  
(919)683-5600

### [Bullock's Bar-B-Que](#)

3330 Quebec Dr, I-85 Exit 173  
(919)383-6202

### [Chamas Churrascaria](#)

905 W Main St, Ste 115, Brightleaf Square  
Downtown Durham  
(919)682-1309

### [Cuban Revolution](#)

American Tobacco Campus  
318 Blackwell Street  
Durham, NC  
(919) 687-4300

### [Dos Perros](#)

200 N. Mangum  
(919)956-2750

### [Elmo's Diner](#)

776 Ninth St, Ninth Street District  
(919)416-3823

### [Fairview Restaurant & Bull Durham Bar](#)

3001 Cameron Blvd.  
Washington Duke Inn & Golf Club  
(919)493-6699

### [Fishmonger's Restaurant and Oyster Bar](#)

806 W Main St,  
Brightleaf District,  
Downtown Durham  
(919)682-0128



### [Foster's Market](#)

2694 Durham-Chapel Hill Blvd  
(919)489-3944

### [Four Square](#)

2701 Chapel Hill Rd  
(919) 401-9877

### [Geer Street Garden](#)

644 Foster St.  
(919) 688-2900

### [Guglhupf Bakery & Pâtisserie](#)

2706 Durham-Chapel Hill Blvd  
(919) 401-2600

**Nana's Restaurant**

2514 University Dr, Rockwood Building  
(919) 493-8545

**Nasher Museum Café**

2001 Campus Dr, Duke University Central Campus  
(919) 684-6032

**Only Burger**

Hope Valley Square  
3710 Shannon Road, Suite 118  
@OnlyBurger

**Parizade**

2200 W Main St, Erwin Square  
(919) 286-9712

**Piedmont**

401 Foster St  
(919) 683-1213

**Pizza Palace**

3218 Guess Rd  
(919) 620-9700

**Pop's, A Durham Trattoria**

605 West Main Street, Downtown Durham  
(919) 956-7677

**Revolution**

107 West Main Street  
(919) 956-9999

**Rick's Diner & Catering Co.**

3710 Shannon Road  
(919) 419-0907

**Rue Cler Restaurant**

401 E Chapel Hill St, Downtown Durham  
(919) 682-8844

**The Original Q-Shack**

2510 University Dr  
(919) 402-4227

**Toast**

345 West Main Street (Five Points)  
(919) 683-2183

**Tonali**

3642 Shannon Rd  
(919) 489-8000

**Twisted Noodles**

4201 University Dr, Parkway Plaza II  
(919) 489-9888

**Vin Rouge French Café & Wine Bar**

2010 Hillsborough Rd, Ninth Street District  
(919) 416-0406

**Watts Grocery**

1116 Broad Street  
(919)416-5040

**Yamazushi**

4711 New Hope Valley Rd.  
(919) 493-7748

**Raleigh's Famous  
Restaurants**

**18 Seaboard**

18 Seaboard Ave.  
Phone (919) 861-4318

**518 West**

518 W. Jones Street  
Phone (919) 829-2518

**An Cuisine**

2800 Renaissance Park Pl  
(919) 677-9229



*Seabass from An Cuisine.*

**Angus Barn**

9401 Glenwood Ave.  
Phone (919) 787-3535

**Bloomsbury Bistro**

509 W. Whitaker Mill Rd. #101  
Phone (919) 834-9011

**Brasa Brazilian Steakhouse**

8551 Brier Creek Pkwy.  
(919) 544-3344

**Capital City Chop House**

151 Airgate Dr.  
Morrisville, NC 27560  
(919) 484-7721

**Cowfish Sushi Burger Bar**

4208 Six Forks Blvd.  
Raleigh, NC 27609  
(919) 784-0400

**Heron's**

100 Woodland Pond Drive  
Cary, NC 27513  
(919) 447-4200

**Margaux's Restaurant**

8111 Creedmoor Road, Ste. 111  
Raleigh, NC 27613  
(919) 846-9846

**Michael Dean's Seafood Grill & Oyster Bar**

6004 Falls of Neuse Rd  
Northridge Shopping Center  
Raleigh, NC 27609  
(919) 790-9992

**Nina's Ristorante**

8801 Lead Mine Rd., Ste. 131  
Raleigh, NC 27615  
(919) 845-1122

**Posta Tuscan Grille**

500 Fayetteville St  
Raleigh, NC 27601  
(919) 227-3370

**Rey's Restaurant**

1130 Buck Jones Rd.  
Raleigh, NC 27606  
(919) 380-0122

**Ruth's Chris Steak House**

2010 Renaissance Park Pl.  
Cary, NC 27513  
(919) 677-0033

**Saffron**

4121 Davis Dr.  
Morrisville, NC 27560  
(919) 469-5774

**Saint Jacques Restaurant**

6112 Falls of Neuse  
North Ridge Shopping Center  
Raleigh, NC 27609  
(919) 862-2770

**Second Empire Restaurant & Tavern**

330 Hillsborough St.  
Raleigh, NC 27603  
(919) 829-3663

**Sullivan's Steakhouse**

414 Glenwood Ave.  
Glenwood South  
Raleigh, NC 27603  
(919) 833-2888

**Tazza Kitchen**

432 Woodburn Rd.  
Raleigh, NC 27605  
(919)835-9463

**Vivace**

4209 Lassiter Mill Rd.  
North Hills Shopping Center  
Raleigh, NC 27609  
(919) 787-7747



## Chapel Hill/Carrboro's Famous Restaurants

### [Acme Food & Beverage Company](#)

110 East Main St (Downtown)  
Carrboro, NC 27510  
(919) 929-2263

### [Bin 54 Steak & Cellar](#)

1201-M Raleigh Rd (Glen Lennox)  
Chapel Hill, NC 27514  
(919) 969-1155

### **Bonne Soirée**

431 West Franklin St (The Courtyard)  
Chapel Hill, NC 27516  
(919) 928-8388

### [Café Parvaneh](#)

400-J South Elliott Rd (The Galleria)  
Chapel Hill, NC 27514  
(919) 929-2779

### [Carolina Brewery](#)

460 West Franklin St (Downtown)  
Chapel Hill, NC 27516  
(919) 942-1800

### [Carolina Crossroads](#)

211 Pittsboro St (Downtown)  
Chapel Hill, NC 27516  
(919) 918-2777

### **Carrburritos**

711 West Rosemary St.  
(919) 933-8226

### [East End Oyster & Martini Bar](#)

201 East Franklin St (Downtown)  
Chapel Hill, NC 27514  
(919) 929-0024

### [Elaine's on Franklin](#)

454 West Franklin St (Downtown)  
Chapel Hill, NC 27516  
(919) 960-2770

### **Elmo's Diner**

200 North Greensboro St, #B-12 (Carr Mill Mall)  
Carrboro, NC 27510  
(919) 929-2909

### [Fiesta Grill](#)

3307 NC Highway 54 West, NC 27516  
(919) 928-9002

### [Four Eleven \(411\) West](#)

411 West Franklin St (Downtown)  
Chapel Hill, NC 27516  
(919) 967-2782

### [Fuse](#)

403 West Rosemary St (Downtown)  
Chapel Hill, NC 27516  
(919) 942-9242

### [Glasshalfull](#)

106 South Greensboro St (Downtown)  
Carrboro, NC 27510  
(919) 967-9784

### [Il Palio Ristorante](#)

1505 East Franklin St (in The Siena Hotel)  
Chapel Hill, NC 27514  
(919) 918-2545

### [Jujube Restaurant](#)

1201 Raleigh Rd (Glen Lennox)  
Chapel Hill, NC 27514  
(919) 960-0555

### [La Residence \(Cafe La Rez\)](#)

202 West Rosemary St (Downtown)  
Chapel Hill, NC 27516  
(919) 967-2506

### [Lantern Restaurant](#)

423 West Franklin St (Downtown)  
Chapel Hill, NC 27516  
(919) 969-8846

### **Lime & Basil Vietnamese**

200 West Franklin St (The Pavilion)  
Chapel Hill, NC 27516  
(919) 967-5055

**Maple View Farm & Dairy**

3109 Dairyland Rd  
Hillsborough, NC 27278  
(919) 960-5535

**Merlion Restaurant**

410 Market St, Suite 316 (Southern Village)  
Chapel Hill, NC 27516  
(919) 933-1188

**Merritt's Store & Grill**

1009 South Columbia St (at NC Highway 54)  
Chapel Hill, NC 27516  
(919) 942-4897

**Mint Restaurant**

504 West Franklin St (Downtown)  
Chapel Hill, NC 27516  
(919) 929-6188

**Nantucket Café**

121 Rams Plaza (Rams Plaza)  
Chapel Hill, NC 27514  
(919) 968-8900

**ONE Restaurant**

100 Meadowmont Village Cir  
Chapel Hill, NC 27517  
(919) 537-8207

**Panciuto**

110 South Churton St (Downtown)  
Hillsborough, NC 27278  
(919) 732-6261

**Provence Regional Cuisine**

203 West Weaver St (Downtown)  
Carrboro, NC 27510  
(919) 967-5008

**Queen of Sheba**

1129 Weaver Dairy Rd (Timberlyne)  
Chapel Hill, NC 27514  
(919) 932-4986

**Sage Café (The)**

1129 Weaver Dairy Rd (Timberlyne)  
Chapel Hill, NC 27514  
(919) 968-9266

**Spotted Dog Restaurant & Bar**

111 East Main St (Downtown)  
Carrboro, NC 27510  
(919) 933-1117

**Squid's Restaurant & Oyster Bar**

1201 North Fordham Blvd (US Highway 15-501)  
Chapel Hill, NC 27514  
(919) 942-8757

**Sutton's Drug Store**

159 East Franklin St (Downtown)  
Chapel Hill, NC 27514  
(919) 942-5161

**Talulla's Mezze Lounge & Bar**

456 West Franklin St (Downtown)  
Chapel Hill, NC 27516  
(919) 933-1177

**Tandoor Indian**

1301 East Franklin St  
Chapel Hill, NC 27514  
(919) 967-6622

**Top of the Hill Restaurant**

100 East Franklin St (Downtown)  
Chapel Hill, NC 27514  
(919) 929-8676

**Tupelo's Restaurant**

101 North Churton St (Downtown)  
Hillsborough, NC 27278  
(919) 643-7722

**Tyler's Tap Room & Restaurant**

102 East Main St (Downtown)  
Carrboro, NC 27510  
(919) 929-6881

**Vespa Cibobuono**

306 West Franklin St (Downtown)  
Chapel Hill, NC 27516  
(919) 969-6600

**Vimala's Curryblossom Cafe**

4 31 West Franklin Street, Chapel Hill  
(919) 929-3833

**Weathervane**

201 South Estes Dr (University Mall in A Southern  
Season)  
Chapel Hill, NC 27514  
(919) 929-9466

**Weaver Street Market Café**

101 East Weaver St (Downtown)  
Carrboro, NC 27510  
(919) 929-0010



*Watts Grocery in Durham, NC.*

## Local Restaurants with a Southern Menu

### Eno Restaurant & Market

101 City Hall Plaza, Durham, NC  
919-426-1622

[www.enorestaurantandmarket.com](http://www.enorestaurantandmarket.com)

Eno Restaurant features locally grown, direct from the farm ingredients. The menu is regionally influenced and farm ingredient driven – including red velvet cake and a 3-day fried chicken that would make our grandmothers proud while also offering dishes like sweet potato empanadas and pork stuffed eggrolls that showcase the changing face of this region.

### Crook's Corner

610 West Franklin Street, Chapel Hill, 919-929-7643

<http://www.crookscorner.com/>

Crook's Corner is a trendy southern restaurant and was one of the first places in the to offer "Shrimp & Grits," which is still one of the restaurant's signature dishes. The menu posted daily on the web site consistently offers some classic recipes including Mount Airy Chocolate Souffle Cake, Princess Pamela's Buttermilk Pie, Hoppin' John and Jalapeno Hushpuppies. Season and market permitting, Soft Shell Crabs, Fried Oysters, Aunt Hi's Oyster Stew, Green Tabasco Chicken, House Cured Corned Ham and Flank Steaks or Filets with Bourbon Sauce are offered. Crook's Corner is a bit pricey, but worth a try.

### Big Ed's City Market

220 Wolfe St., Raleigh, 919-836-9909

Big Ed's is pure North Carolina country cooking. A bustling place that is half eatery, half vestige to the old South, this breakfast haven is no place for small appetites. Try

the pancakes and be sure not to miss the scratch-made biscuits. Don't forget to get the Red-Eye Gravy! Lunch fare is also available, but Big Ed's is mainly known for breakfast food.

### Mama Dip's Kitchen

408 W. Rosemary Street, Chapel Hill, 919-942-5837

One of the more famous soul cooking chefs in the region, Mama Dip has been featured on the Food Network, and in numerous shows around the nation. She also has several cookbooks out. Enjoy the Southern Fried Chicken, or Bar-Be-Que Chicken or Pork, Country Cured Ham, Chicken 'n Dumplings, Greens, Okra & Tomatoes, Black Eyed Peas and more. This is not a fancy place, you will go through a cafeteria-style line to get your food. The prices are a bit high for this type of restaurant, but the food is worth it.

And, if you don't mind driving a little ways:



Big Ed's in Raleigh.

**The Old Place**

289 Elmer Moore Road, Bear Creek, 919-837-5131  
<http://www.old-place.com>

This place is only open on the weekends, Friday and Saturday from 4 - 9pm and on Sunday from 11am until 8pm. It'll take about an hour to drive there from Durham, but the ride is pretty nice. Usually, you will see a line of people wrapping around this country home, looking at the goats while waiting to get a seat, because the food is so great!

Sample from many tempting selections including chicken and dumplings, country ham, fried chicken, country style steak, garden-fresh vegetables, hot buttermilk biscuits, plain or crackling cornbread and the cobbler is exquisite! It's an all you can eat, buffet style place. Bring cash with you, because they only take cash! Groups of 10 or more, feel free to call for reservations.



*Allen & Son Barbeque plate.*

**Allen & Son Bar-B-Q**

6203 Mill House Rd (at NC Highway 86 North)  
Chapel Hill, NC 27514  
phone (919) 942-7576

Specializes in pit-cooked North Carolina barbecue, cooked over hickory wood—unique to this area—plus homemade country food, including desserts.

# 4 Shopping in the Triangle

## Triangle Town Center & Commons

5959 Triangle Town Blvd.,  
Raleigh 27616  
144 stores: including Saks Fifth Avenue, Sears,  
Macy's, Hudson Belk, Dillard's

## Streets of Southpoint

6910 Fayetteville Road  
Durham 27713  
160 stores including Nordstrom, Macy's,  
Hudson Belk, JCPenney, Sears

## Crabtree Valley Mall

4325 Glenwood Ave.  
Raleigh 27612  
210 stores including Sears, Macy's, Hudson  
Belk, H&M

## Northgate Mall

Gregson Street  
Durham 27701  
135 stores including Sears, Macy's, Stadium 10  
Theaters

## Brier Creek Commons

Brier Creek Parkway  
Raleigh  
76 stores including BJ's, Target, Dick's Sporting  
Goods, HomeGoods, TJ Maxx

## North Hills

Six Forks at I-440 Beltline,  
Raleigh  
120 stores including Target, Anthropologie,  
Ethan Allen, Fink's Jewelers, Lamb's Ear Chil-  
dren's Clothing, World of Beer

## White Oak Crossing

120-270 Shenstone Blvd.  
Garner  
35 stores including Kohl's, BJ's, Target, PetS-  
mart

## Crossroads Plaza

Crossroads Blvd.  
Cary, 27513  
102 stores including Toys 'R' Us, Bed, Bath &  
Beyond, Old Navy, Best Buy, Michaels, REI



*North Hills Shopping Center.*

## Cameron Village

1900 Cameron St.  
Raleigh 27605  
102 stores including Accipiter, Light Years,  
Little Art gallery & Craft Collection, Penzey  
Spices, Pendleton Woolen Mills, Pier 1 Imports

## Patterson Place

I-40 at U.S. 15/501  
Durham  
Stores include Home Depot, PetSmart, Kohl's,  
DSL, Kroger

## Six Forks Stations

8865 Six Forks Rd  
Raleigh  
30 stores including Bed, Bath & Beyond,  
Home Dpot, Food Lion

## Beaver Creek Commons

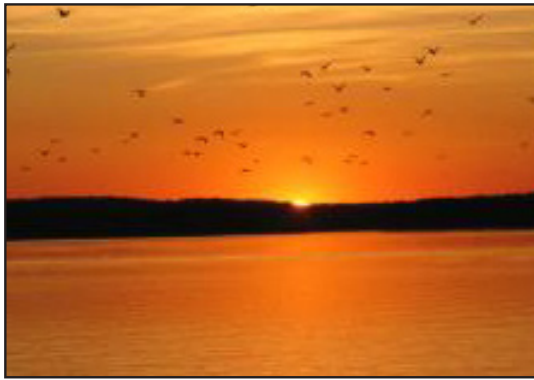
U.S. 64 and N.C. 55  
Apex  
27 stores including Lowes Home Improve-  
ment, Office Max, Super Target, Old Navy,  
Homegoods

## Eastgate Shopping Center

U.S. 15/501  
Chapel Hill  
Stores include Talbots, Trader Joe's, Chico's,  
Great Outdoor Provisions, Jos. A. Bank, Wild  
Bird Center

# 5 Recreation in the Triangle

North Carolina is called “Variety Vacationland.” For golfing, Moore County is considered The Golfing Capital of the World with more than 43 golf courses. It is home to Pinehurst # 2, which recently hosted the 1999 & 2005 U.S. Open. In addition, Pine Needles Lodge & Golf Club in Southern Pines has recently hosted the 1996 & 2001 U.S. Womens Open and has received the honor of hosting the event again in 2007. Our state has more than 600 courses that wind their way across some of the most picturesque landscapes in the world. When looking for fun in the sun, the region is home every October for ten days to the North Carolina State Fair that is held in Raleigh. The North Carolina Zoological Park at Asheboro, one hour from the Research Triangle Region, is the world’s first planned, completely natural habitat zoo with all animals separated from the public by natural barriers. The Research Triangle Region has extensive lakes



for swimming, fishing, boating, jet skiing and sun bathing as well as provide water supply for the region. Regional lakes that are located in our region include: Kerr Lake in Vance, Granville and Warren Counties (50,000-acre), Lake Gaston, which is accessible through Warren County (20,000-acre), Jordan Lake in Chatham County (14,310-acre) and Falls Lake in Granville and Wake Counties (12,490-acre lake). Smaller lakes offering recreation-

al activities include Lake Michie and Little River Reservoir in Durham County, Cane Creek Reservoir and University Lake in Orange County, Mayo Lake and Hyco Lake in Person County, and Lakes Crabtree, Wheeler, and Benson in Wake County. There are also ample rivers in the region which offer people opportunities to canoe, kayak and fish that include the Cape Fear River, Haw River, Deep River, Eno River, Tar River, Neuse River, New Hope Creek and the Roanoke River.

The metro area is blessed with several large natural areas, even in the heart of its major metropolitan areas. **Umstead State Park** is 5,300 acres of woodland between Raleigh and Durham. **Eno River State Park** covers 2,300 acres in Durham and Orange Counties. **Raven Rock State Park** offers 3,058 acres of park land and is famous for its striking rock formation. **Kerr Lake** has 22 wildlife management areas developed, consisting of over 10,000 acres of land, for intensive wildlife management techniques. Seven state parks are located along the North Carolina shores of Kerr Lake. The 8,300-acre **Duke Forest** is a privately owned research forest in Durham and Orange Counties that also provides recreational opportunities. **Weymouth Woods** in Moore County is a 778-acre natural area. There is also an extensive gameland in Moore County called the Sandhills Gameland. In addition to park systems, many communities are developing extensive greenway and trail systems. The six-county non-profit [Triangle Land Conservancy](#) has worked to preserve several regionally significant natural areas.

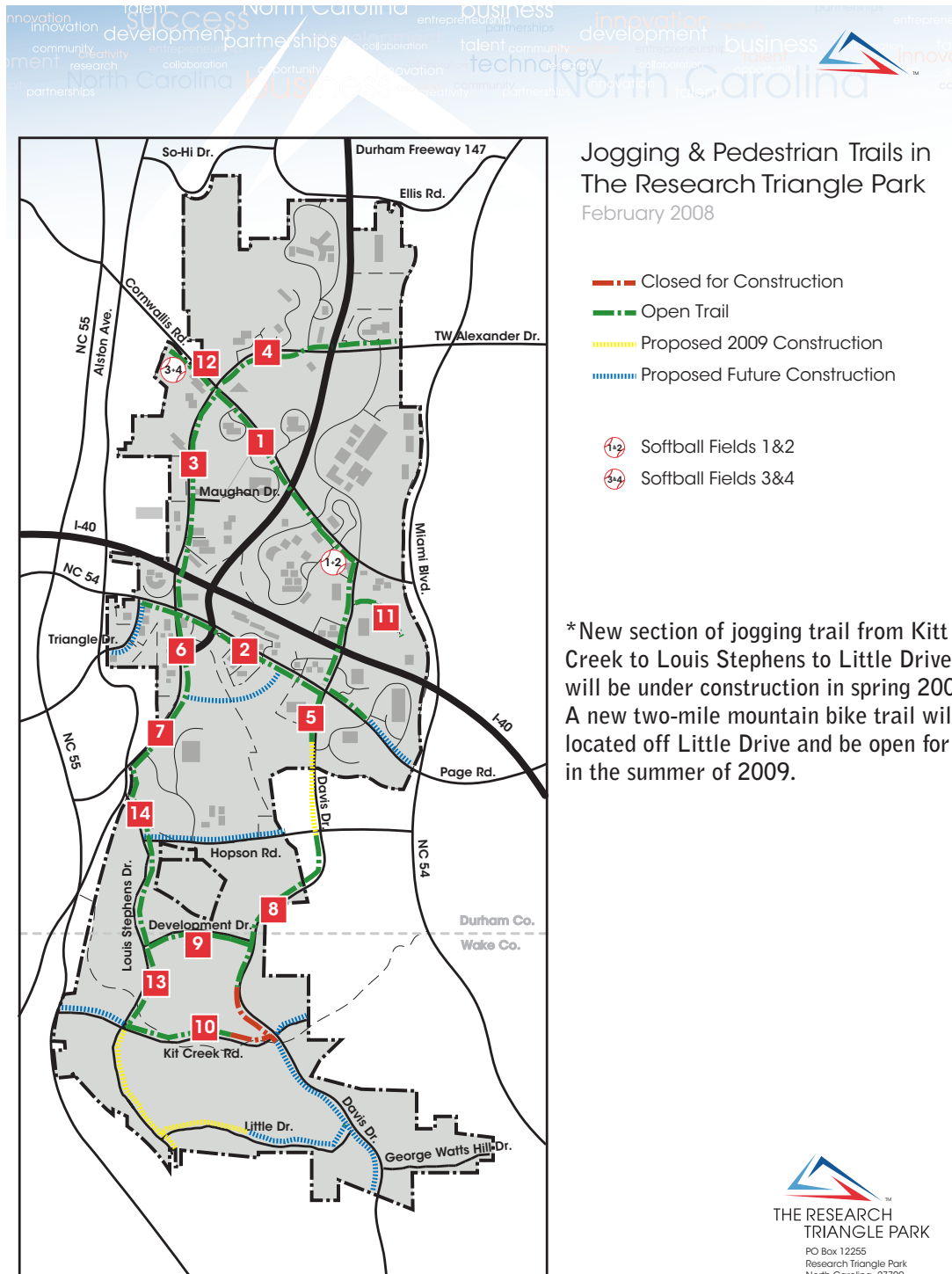


## The Research Triangle Park Jogging & Pedestrian Trails

Jogging & Pedestrian Trails Constructed in The Research Triangle Park as of February 2008:  
(For illustration see reverse)

1.	Cornwallis Road (from T.W. Alexander Drive to Davis Drive), Davis Drive (from Cornwallis Road to NC 54), and NC 54 (from Davis Drive to Nortel Networks)	2.6 miles
2.	NC 54 (from Davis Drive to west of Triangle Drive)	1.48 miles
3.	T.W. Alexander Drive (from NC 54 to Cornwallis Road)	1.6 miles
4.	T.W. Alexander Drive (from Cornwallis Road to IBM/Bayer CropScience entrance)	1.3 miles
5.	Davis Drive (from NC 54 to Nortel Networks entrance)	0.4 miles
6.	T.W. Alexander Drive (from NC 54 to NIEHS North Campus)	0.28 miles
7.	T.W. Alexander Drive (from NIEHS* North Campus to NIEHS* South Campus)	0.85 miles
8.	Davis Drive (from Kit Creek Road to north of Eisai)	1.18 miles
9.	Development Drive (from Davis to Louis Stephens Drive)	0.75 miles
10.	Kit Creek Road (from Davis Drive to Louis Stephens Drive)	1.14 miles
11.	Laboratory Drive	0.42 miles
12.	Cornwallis Road (from T.W. Alexander Drive to Tricenter South Drive)	0.60 miles
13.	Louis Stephens Drive (from Development Drive to Kit Creek Road)	0.42 miles
14.	Louis Stephens Drive (from Development Drive to T.W. Alexander Drive)	1.5 miles
<b>Total Complete</b>		<b>14.52 miles</b>





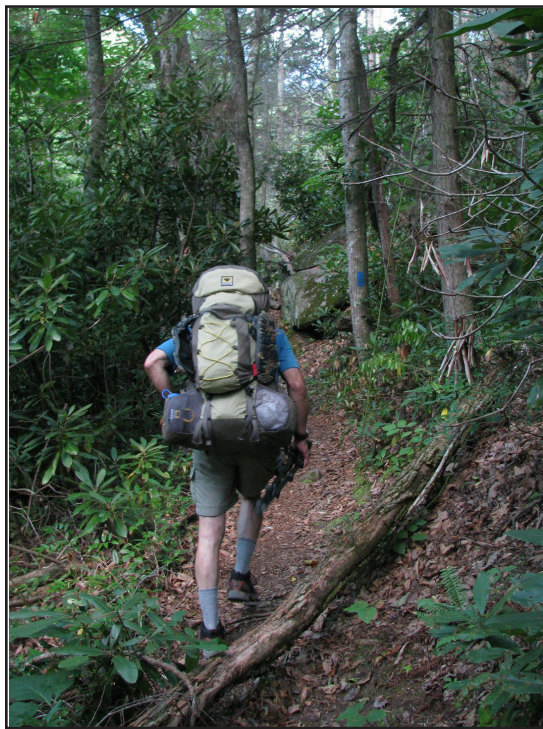
## Recreation - Continued

The North Carolina coastline is 300 miles long. With the convenience of Interstate 40 and U.S. Highway 64, the beach is a two-to-three hour drive from the Research Triangle Region. You may also want to take a longer drive and see the famous Outerbanks region of North Carolina. Some of the outerbanks can be reached only by ferry boat, so allow for extra time and make sure you look at the ferry boat schedule before getting on a boat! The North Carolina mountains can be reached within three to four hours with:

- \* Over 250 miles of the scenic Blue Ridge Parkway, providing a unique mountaintop drive with spectacular views.

- \* Over 200 miles of the Appalachian Trail, the wilderness route from Maine to Georgia.

- \* Nine ski resorts and fifteen popular white-water rivers.



Just a 4-hour drive from the Triangle is Asheville, with its unique shops and restaurants. Be sure to drop by the Grove Park Inn to see the beautiful view, maybe indulge in a spa treatment, or have a cocktail on the back porch of the Inn. If time and budget allow, go to the famous Biltmore Estate and see the mansion and its exquisite gardens.

Many people don't know that North Carolina has a rapidly growing wine production industry. Many of the vineyards have wine tasting and tours of their facilities.

For a listing of wineries and directions to the vineyards, go to <http://www.visitncwine.com>.



*RayLen Vineyard. Photo Courtesy of NC Division of Tourism.*

## Information for International Visitors

The following links are great resources for our international visitors. These links are to the international offices of each of the region's universities:

International Student and Scholar Services for UNC: <http://oiss.unc.edu/students/>

Duke International House: <http://ihouse.studentaffairs.duke.edu/>

Duke Visa Services: <http://www.visaservices.duke.edu/>

NCSU Office of International Affairs: <http://www.ncsu.edu/oia/>

## Places to See

<b>Name</b>	<b>Web Site</b>
Ackland Art Museum	<a href="http://www.ackland.org/index.php">www.ackland.org/index.php</a>
American Dance Festival	<a href="http://www.americandancefestival.org/">www.americandancefestival.org/</a>
American Tobacco Campus Amphitheatre	<a href="http://www.americantobaccocampus.com/">www.americantobaccocampus.com/</a>
Arts Together	<a href="http://www.artstogether.org">www.artstogether.org</a>
Battle Park & Coker Arboretum	<a href="http://www.ncbg.unc.edu/pages/39/">www.ncbg.unc.edu/pages/39/</a>
Bryan Center Reynolds Theater	<a href="http://www.events.duke.edu/facility/reynolds.html">www.events.duke.edu/facility/reynolds.html</a>
Carolina Ballet	<a href="http://www.carolinaballet.com">www.carolinaballet.com</a>
Carolina Basketball Museum	<a href="http://www.carolinabasketballmuseum.com/">www.carolinabasketballmuseum.com/</a>
Carolina Theatre	<a href="http://www.carolinatheatre.org/">www.carolinatheatre.org/</a>
Duke Lemur Center	<a href="http://www.lemur.duke.edu/">www.lemur.duke.edu/</a>
Durham Arts Council	<a href="http://www.durhamarts.org/">www.durhamarts.org/</a>
Durham Performing Arts Center	<a href="http://www.dpacnc.com/">www.dpacnc.com/</a>
Fullframe Documentary Festival	<a href="http://www.fullframefest.org/">www.fullframefest.org/</a>
Jordan Lake	<a href="http://www.ncparks.gov/Visit/parks/jord/main.php">www.ncparks.gov/Visit/parks/jord/main.php</a>
Manbites Dog Theater Company	<a href="http://www.manbitesdogtheater.org/">www.manbitesdogtheater.org/</a>
Marbles	<a href="http://www.marbleskidsmuseum.org">www.marbleskidsmuseum.org</a>
Museum of Life & Science	<a href="http://www.ncmls.org/">www.ncmls.org/</a>
Nasher Museum of Art	<a href="http://www.nasher.duke.edu">www.nasher.duke.edu</a>
NC Museum of Art	<a href="http://www.ncartmuseum.org">www.ncartmuseum.org</a>
NC Museum of History	<a href="http://www.ncmuseumofhistory.org">www.ncmuseumofhistory.org</a>
NC Museum of Natural Sciences	<a href="http://www.naturalsciences.org">www.naturalsciences.org</a>
NC Symphony	<a href="http://www.ncsymphony.org">www.ncsymphony.org</a>
North Carolina Theatre	<a href="http://www.nctheatre.com">www.nctheatre.com</a>
Page Auditorium	<a href="http://www.events.duke.edu/facility/page.html">www.events.duke.edu/facility/page.html</a>
Raleigh Little Theatre	<a href="http://www.raleighlittletheatre.org">www.raleighlittletheatre.org</a>
Sarah B. Duke Gardens	<a href="http://www.hr.duke.edu/dukegardens/">www.hr.duke.edu/dukegardens/</a>
The Chapel Hill Museum	<a href="http://www.chapelhillmuseum.org/">www.chapelhillmuseum.org/</a>
The Opera Company of North Carolina	<a href="http://www.operanc.com">www.operanc.com</a>
Theatre in the Park	<a href="http://www.theatreinthepark.com">www.theatreinthepark.com</a>
Walnut Creek Amphitheatre	<a href="http://www.alltelpavilion.com">www.alltelpavilion.com</a>

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# 6 Guide for Parents

There are several outstanding school systems and daycare providers in the Triangle region. The area has consistently ranked above average in quality of its educational system. With one of the highest concentrations of Ph.D.s in the nation, our population demands that the school system be above par.

While we cannot recommend any one place over another, we are happy to provide a link to a website that will give you a guide to the schools, daycares, camps and other educational resources in the Triangle.

<http://www.carolinaparent.com/Resources/Directories/default.aspx>

## Statistical and Applied Mathematical Sciences Institute

P.O. Box 14006

Research Triangle Park, NC 27709

(919) 685-9350 phone (919) 685-9360 fax

<http://www.samsi.info>

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